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Paradise Island

CO-OP OFFICERS

President	Keith Knowles	.533-8880
Vice Pres.	Pat Humphries	.530-7518
	Ron Anderson	
	Janyce Cruse	
	Linda Laflamme	
Directors	Mike Gervaisi	.507-8947
Directors	Jim Stevens	.536-4326

2016 RESIDENT SOCIAL COMMITTEE

Co-Op So	cial Committee	Directors
President	Marcia White	953-3616
V.Pres.	Harold Noeller	744-3181
Treasurer	Jim White	953-3616
Secretary	Gloria Yeo	330-6685
Liaison	Pat Humphries	530-7518
Co-op Direc.	Nancy Sullivan	508-314-1412
-	Brenda Struble	533-5672
	Lenore Maloney	524-2814
	Sammye Sands	727-474-2660
	Rosie Cahill	

HOA OFFICERS

PresidentMary R	.oss	804-614-6901
Vice Pres Peggy 1	Foner	475-8157
Secretary Pastor I	Bill Ogburn	474-2722
Treasurer Pastor I	Bill Ogburn	474-2722
DirectorsRuth Cl	harron	559-2034
Art Yeo		330-6685

HOA Social Committee Directors

Liaison......Harry Novelle 559-2034 HOA Directors

Denise Samson-Nadeau	599-5084
Shirley Morrissey	536-6164
Giselle Samson-Verreault	754-1712
Myron Zarlinski	533-8208
Delores Wagner	

Media Editor - Harold Noeller

ACTIVITY CHAIRPERSONS

ACTIVITI CHAINTE	
Bible Study/Prayer Fellowship	Serena Johnson, 530-5905
Billiards	Dale Eckensberger, 732-713-6661
Bingo	Mary Ross, 804-614-6901
	Open
Bocce Ball	Carol Enos, 538-5142
Bowling - Thurs	Jan Meeks, 523-8135
-	Shirley Zornow, 531-1630
	Shirley Pultorak, 315-796-2110
Bridge - Tuesday	Helen Hicks, 474-6980
Bulletin Board	Nancy Sullivan 508-314-1412
Bunko	Shirley Morrissey, 536-6164
	Lillian Leroy, 539-8361
Bus Bingo	Shirley Morrissey, 536-6164
Calendar	
Cards	
Care Bears	
Channel 96	
Chess	Open
Christmas Craft Fair	Öpen
Community Christmas Party	Delores Wagner, 754-5569
Craft Club	Susan "Jaiy" Geno 704-408-4744
Cribbage	
Dances	Nancy Sullivan 508 314-1412
Darts	
	Anne Elkins, 210-7364
Decorating	Onen
Easter Dinner	Brenda VanHouten, 330-6425
	Marcia White, 953-3616
Euchre	Jan Brown, 937-642-9080
Exercise	8:45A - Bev MacMillan, 412-8958
	10:00A - Nancy DeSantis, 530-4117
Flagman	Charlie Buhay, 536-0174
Flea Market	

FMO Food Collection	
4th of July Celebration	
Golden Anniversary	Brenda Struble 538-8832
Golf (Men)	Bob Pultorsk 315-796-2153
HOA Membership	Art Veo 330-6685
110/A Memoership	
Kitchen	535-4384
Ladies Luncheon (Coordinator)	
Ladies Christmas Luncheon	Anita Reed, 535-8557
Library	Denise Samson-Nadeau 599-2084
Elorary	Paula Knowles 532-8880
Mahjong	Maureen Koebel 524-8178
Media Delivery	David and Elaine De Yong, 531-8426
Men's Club	Myron Zarlinski, 533-8208
Monthly Media Editor	Harold Noeller, 744-3181
Monthly Breakfast	
Pavilion	Jim White 953-3616
Pinochle	
Double Pinochle	
Poker Night	
	Joe Burley 585-5332
Prayer Bears	Kitty Ogburn, 474-2722
Sunshine Lady	Audrey Gervasi, 507-8947
Shuffleboard	
Thanksgiving Dinner	
Water Aerobics	(M,W & F) Anita Reed, 535-8557
	(Tues & Thur) Amy Martin, 531-9025
	Nancy Beauto, 536-3694
Welcome Lady	Sammye Sands 474-2660
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PARADISE ISLAND PLANET FEBRUARY, 2018 E







SAVE THE DATE: ALL PARK BRAINSTORMING MEETING

By Keith Knowles/Mary Ross

n Wednesday February 21, 2018 at 7:00 pm the boards of both the HOA and the Co-op will join together in the clubhouse to get your ideas on how we can make Paradise Island an even better place to live. For example, you may think that plantings in a certain area would make a difference. So come with your constructive ideas (leave the complaints at home!) and join us to share ideas on how we can improve our community. See you there!

Paradise Island Community Christmas Party

By Delores Wagner

n December 16, 2017 the clubhouse rocked around the Christmas Tree. We had 230 people show up with their party modes and had a great evening. Dinner was catered by Bellisimo Italian Eatery on Belcher and Ulmerton. A big wonderful thanks to Mary Ross for recommending the restaurant and getting the wonderful food that we had.

Entertainment was performed by Good Times Entertainment from Clearwater. Their music kept the dance floor full all-night long.

A special thanks to the Men's Club who set up the Clubhouse and got everything ready for the party.

Finally, a big thank you Social Committee and volunteers for all your help in making this party a success.

I hope everyone had Merry Christmas!

New Year's Eve Dance

By Nancy Sullivan

would like to take this time to say a special thanks to everyone that helped with the New Year's Dance. A special thanks to Barb & Denny Rause, Ray Frederick, Steve Sullivan, Walt Peifer & Cindy Lord, Bruce & Linda Carter. A big thank you to Marilyn Frederick for taking the time out of her evening to take photos and helping all evening. Thanks to everyone that came to Celebrate the New Year in. Happy New Year everyone

Shred Fest Events

By City of Largo

oin the City of Largo for our 2018 Shred Fest events. These free events are held from 9am-12pm at the Starkey Road Recycling Center (1551 Starkey Road) on the following dates: •Saturday, April 21 •Saturday, July 21

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The Paradise Island HOA

Mary Ross, President

The HOA and Co-Op Boards have been working together for the past few months negotiating a deal for our cable, internet and phone services. We have interviewed several companies and received some very good offers. As soon as we have completed this process and we have what we all consider the very best deal, everyone in the community will be told. Until then, we ask for your trust and patience. We hope to have more information to share at the town hall meeting scheduled for Wednesday February 21, 2018. The purpose of the town hall meeting is for the residents to share ideas and suggestions for community improvements, additions, upgrades etc...it will not be a complaint meeting.

Our next regular HOA member meeting will be on Wednesday February 7th arrival time 6pm for coffee and donuts and fellowship with your neighbors. The meeting will start at 7PM. The HOA Board of Directors meeting will be on Friday February 2, 2018 at 10am.

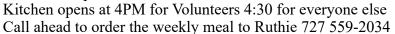
Important Bingo Information

By Mary Ross

The following is the schedule for Thursday night Bingo. Please share this with your invited guests along with the parking regulations. Please remember there is no parking on the same side of the clubhouse. Emergency vehicles must have clear passage. No cars can park in golf cart spots and no golf carts in car spots.

Bingo is every Thursday (unless otherwise posted)

Clubhouse opens at 2:30PM





Anyone in the community or invited guests can play bingo or eat from the kitchen or both Pre-sales of Bingo packets and early bird games for the Volunteers and disabled start at 3PM Selling of Bingo packets, specials and early bird games start at 4:30. Note: Early bird games are sold first come first served. We only have a limited number of tickets for sale and they sell out quickly.

The selling lines close at 5:30 however Bingo packs, specials and bonanza can be purchased until BINGO starts.

Early bird games start at 5:45

Kitchen closes at 6PM

Bingo starts at 6:30PM

All tables must be covered. Players are responsible to cover their spaces and to remove their trash at the end of the session.

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PARADISE ISLAND PLANET FEBRUARY, 2018 E



Golden Anniversary

By Brenda Struble

A n invitation to all Paradise Park residents to come and help our honored couples celebrate who will be married 50 years in the year 2018. Tony & Margueitte Bifano Lot 178 Nassau Joe & Maria Burley 797 Paradise Island Bruce & Linda Carter 568 Jamaica James & Donna Lish 790 Paradise Island Larry & Phyllis Peer 259 Leeward Ray & Judy Peruski 171 Nassau Karol & Ivetta Rusnak 671 St Croix February 25, 2018 at 2PM Sunday afternoon Paradise Island clubhouse. A sign-up sheet will be on the bulletin board February 1st Brenda Struble 533-5672 Dawn MacLean 474-6294

Paradise Island Social Committee

By Marcia White

2018 Social Committee Calendar

(Calendar subject	to changes & or additions)
FEBRUARY	
Feb.9, 2018	Men's Club featuring Cahal Dunn
Feb.13, 2018	Social Comm. Meeting 10:00 AM at the Clubhouse
All Paradise Islan	d Residents are Welcome
Feb.17, 2018	Dance featuring Joint Venture Beach Band
MARCH	-
March 2,2018	FLEA MARKET SET UP 9am All helpers please report by 9
March 3,2018	FLEA MARKET 9-1
Mar.10, 2018	Dance featuring George & Co.
Mar.13, 2018	Social Comm. Meeting 10:00 AM at the Clubhouse
All Paradise Islan	d Residents are Welcome
Mar.16, 2018	Men's Club featuring Erick Kearns Singer/Entertainer
APRIL	
April 10, 2018	Social Comm. Meeting 1000 AM at the Clubhouse
All Paradise Islan	d Residents are Welcome Last Mtg of Season
April 14, 2018	Dance featuring Al Ruggerio







PARADISE ISLAND PLANET FEBRUARY, 2018 E



All prices are per person and accurate at time of printing. For complete details on these trips go to: http://advantagecruises.net/Page/DealsandSteals or call our office for newsletter and more information.



Paradise Island Annual Flea Market

By Marcia White

When: March 3, 2018 9AM-1PM (Early Entry \$1 @ 8AM) Where: Paradise Island Clubhouse Tables: We have a few tables left at \$10 each. All wall spaces are sold out Contact: Marcia White @ 727-953-3616 for information Donations: If you have held donations for us please drop them off on Friday March 2, 2018

between 9 and 12 noon.

Donation Pick Ups: If you have held large donations for us and you are on our pick up list we will be starting pickups at 10:00 AM. If you need a specific time frame please call the contact info above. If you have not set up a pick up but need one, please call ASAP so that we can get you on the list.

Most of our residents are aware that our Flea Market is a great day for everyone. This event seems to be the most popular one that we sponsor. Remember someone's trash is another's Treasure so we have a huge amount of Treasures to share with you at the most reasonable prices around. Mark your Calendar and plan to join us.

If you live in this community try to get a ride. Our parking is very minimal on this day and we don't want you to miss your opportunity to join us because you can't find parking. We normally host over 200 visitors between and 8 & 9 AM. That means that traffic is difficult to monitor and parking is at a premium. We will once again make **Caribbean Way one way in** to our park and **Martinique will become one way out.** This will happen between 8 and 11 AM. We would really appreciate your cooperation in working with us. We need to keep a pathway for emergency vehicles and this little inconvenience really works. **Thank you in Advance** for not giving our volunteers a hard time while they are trying to keep our park residents safe.

The Canteen will be open in the morning for Coffee and Donuts and if you prefer we will also be serving lunch from 10:45 AM until 12:30 PM. Come and visit us and have a snack or lunch.

Last but not least this event is possible because of all the generous donations we receive from our residents. Thank you helping us and remember every cent we make goes back into this community to support all that we do for our residents.

All Volunteers are Welcome. Just show up and join the fun. We really have a great time setting up. Beverages and food served to all volunteers.

Bunko

By Shirley Morrissey

ot hard, no experience needed, plenty of people to help and lots of laughs, that's what Bunko is. Come and join us every Tuesday at 6:00 P.M. in the clubhouse. The cost is one dollar to play and at the end of the evening is given to the person who has the most Bunko's, the highest wins, and the most loses. Come and meet some of your neighbors.

Bus Bingo By Shirley Morrissey

Bus Bingo is played at the clubhouse on Sunday afternoon at 2:00 P.M. (the dates are posted in the Media calendar in the center of the book. We do not take a bus and can't explain why it's called bus bingo but they needed a name and that's what they came up with. The participants purchase a packet of cards for fifty cents a packet. Each packet contains one of each suit; one diamond, one spade, one club, and one heart. The cards are placed face up on the table. The caller calls cards from a deck she has and when she calls a card you have you turn the card over. When you have turned all four of your cards from that packet you shout Bingo. All money taken in is paid out. There are refreshments which you may enjoy. Come and meet some of your neighbors and give it a try, you might enjoy it.

The New England Club

By Paul Clinton

We meet once a month to go out to dinner between the months of October and May. It is either the second or third Wednesday of the month and a signup sheet is on the bulletin board in the club house. We average 30-40 people so it is important to sign up ahead of time so we can give the restaurant an accurate number. We welcome people from other parts of the country so if you want to be a "New Englander" for the night feel free to come and join us. For further information contact Paul Clinton at 978-808-8396.

Canadian Club

By Brenda Struble

February Canada Night

ell those crazy Canucks are at it again with their pot luck dinner on the last night of the Month, Wednesday, 28 February 2018 5PM in the Clubhouse. -

 \mathbf{V} They chose as a theme this time "West of the MARITIMES" in recognition of the fabulous night put on last year by that group from the Maritime Provinces

It is suspected the hot and cold weather we are experiencing may have influenced their meal decision. They are going to focus on an annual visit (by those living in Canadian areas that are "West of the Maritimes"), to a Sugar Bush Shack in the spring. That's the time during which, sap from Maple Trees, is boiled down to make syrup.

It is there, on an annual basis, where you can go for a taste of pure maple syrup, and a meal of homemade goodies which may involve;

Baked Beans, Pancakes, bacon, ham, Hot fresh brewed Tim Horton Coffee and other Maple delicacies too numerous to mention here, but I am sure some of which,(including "Bloody Caesars") will turn up at their pot luck gathering. So, if any of you Canadians in the park have not experienced this pleasure, NOW IS THE TIME







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Bocce Ball 2018

By Carol Enos lot #601

would like to welcome all members back. Also invite residents wishing to join the group to come join in the fun. Bocce is played every Saturday @ 1:00 pm. We have a lot of fun and laughs. All are welcome to join. Looking forward new members. Come and meet your neighbors Any question call me @ 727-538-5142.



By Nancy Sullivan

nother themed night February 17th is for Valentine Day with The Joint Venture Beach Band. March 10, George & Company returns. So meanwhile I continue to seek out new music to entertain you in 2018-2019 season. Mark your calendars with these dates and plan to make a party of it. Tickets will be on sale at the door for all the dances; \$8 per person (except New Year's). Please bring your drinks and snacks.

Schedule 2018: February 17 The Joint Venture Beach Band, March 10 George & Company, April 14 Al Ruggiero.

Men's Club

By Myron Zarlinski

nother SUPER affair presented by the Men's Club. Great ham dinner by the cooks, Ron, Art, Bob, George. I always have to thank all the workers who set up the stage and the hall and the many residents who stayed to put the hall back in shape.

Our next affair is Friday February 9, 2018. Cahal Dunn.

\$10.00 per person Happy Hour 6 - 7 pm BYOB

Show 7 - 10

Dinner will be served during intermission Our next meeting February 6, 2018 coffee and donuts 9 am, meeting 9:30 am Friday February 9, 2018 Cahal Dunn Friday March 16 Erick Kearns FRIDAY APRIL 6,2017 PATTY WASZAK, SINGER, COMEDIAN, MUSICIAN, RECORDING ARTIST, SONGWRITER, AND MANY OTHERS.

A Complete Listing of Resident Services can be found on the page before your calendar

DART LEAGUE By Anne Elkins, Paul Clinton

he new season began on Monday, October 16, 2017 and will run through April 2018. We are always in need of subs throughout the year. If you would like to join us as a sub, you just need to show up before 6:30 pm on

Mondays. We have a lot of fun mixed in with playful competition. No experience necessary, darts is an easy game to pick up.

We are in need of some carpet remnants (8ft long about 3 feet wide) if you have any available give Anne Elkins a call.

If you have questions, call Anne Elkins at 727-210-7364.

Walk away the pounds exercise classes.

By Bev MacMillan

So important as we age to keep the joints moving well and what better way to do this than to come out with friends for an hour of exercise.

This program is easy, only 4 major moves; walking, side steps, knee lifts and kicks. It can be done at your own pace and with as much enthusiasm as you like.

Join our team every Monday, Wednesday and Friday in the clubhouse from 8:45 a.m. to 9:45 a.m.. Hope to see you there.

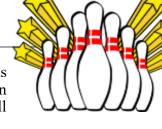
THURSDAY BOWLING

By Shirley Pultorak

e continue to have tons of fun bowling with our old friends and lots of new ones on Thursdays at 12:30. We are in need of several subs. If would like to join us, please call Shirley Pultorak at (315) 796-2110.

Bowlers of the WEEK

December 7 Men - Bob Pultorak December 14 Men - Glen Oglesbee January 4 Men - Herb Swinden





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Auto Painters Plus	727-504-6891
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Century Awnings Co.	. 727-555-0011
BathMasters	727 333 7007
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	. 121-394-9534
	707 504 4460
Bill the Carpet Guy	727-521-4103
Doll Brothers Carpet/Upholstery Clnrs.	/2/-596-2249
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FEBRUARY•2018

Sunday	Monday]]
March S M T W T F S 1 2 3		
4 5 6 7 8 9 10		
11 12 13 14 15 16 17		
18 19 20 21 22 23 24		
25 26 27 28 29 30 31		
4 9:30A – Church Service 6:00P – Women's Cards 6:00P – Double Pinochle	5 7:30A - Men's Golf @ Mainlands 8:45A - Water Aerobics 8:45A - Exercise in Club- house 10:00A - Exercise Class 6:15P - Billiards 6:30P - Pinochle 6:30P - Darts Oct April	8:45A - W 9:30A - M 9:40A - Sl - April 12:00P - H 1:00P - M 6:00P - C 6:15P -Pil 6:30 P- Eu
11 9:30A – Church Service 2:00P – Bus Bingo 6:00P – Women's Cards 6:00P – Double Pinochle	12 7:30A - Men's Golf @ Mainlands 8:45A - Water Aerobics 8:45A - Exercise in Club- house 10:00A - Exercise Class 6:15P - Billiards 6:30P - Pinochle 6:30P - Darts Oct April	8:45A - W 9:40A - Sl - April 10:00A - Sl Meeting 12:00P - H 1:00P - M 6:00P - C 6:15 - Pill 6:30 P - En
18 9:30A – Church Service 2:00P – Bus Bingo 6:00P – Women's Cards 6:00P – Double Pinochle	19 7:30A - Men's Golf @ Mainlands 8:45A - Water Aerobics 8:45A - Exercise in Club- house 10:00A - Exercise Class 6:15P - Billiards 6:30P - Darts Oct April President's Day	8:45A - W 9:40A - Sl - April 12:00P - H 1:00P - M 6:00P - C 6:15P - Pi 6:30P - Et
25 9:30A – Church Service 6:00P – Women's Cards 6:00P – Double Pinochle	7:30A - Men's Golf @ 26 Mainlands 8:45A - Water Aerobics 8:45A - Exercise in Club- house 10:00A - Exercise Class 6:15P - Billiards 6:30P - Pinochle 6:30P - Darts Oct April	8:45A - W 9:40A - Sl - Apri 11:30A- L 12:00P - H 1:00P - C 6:00P - C 6:15P - Pi 6:30P - Eu

Paradise Island

Fuesday	Wednesday	Thursday	Friday	Saturday
		1 8:45A – Water Aerobics 9:30A – Bible Study 9:40A – Shuffleboard Nov. - April 12:15P – Co-Ed Bowling, Oct. – April 4:00P – 6:00P – Kitchen 5;45P – HOA Early Bird 6:30P - Bingo	2 8:45A - Water Aerobics 10:00A - Exercise Class 6:00P - Men's Cards 6:00P - Straight Pool League Groundhog Day	1:00P – Bocce Ball 6:00P – Poker Night
6 Vater Aerobics Ien's Club meeting nuffleboard Nov. Bridge Iahjong ards and Bunko I Pool Billards Ichre	7 8:45A - Water Aerobics 8:45A - Exercise in Club- house 10:00A - Exercise Class 12:30P - Bridge 1:00P - Craft Club and Cribbage 7:00P- HOA Mtg.	8 8:45A - Water Aerobics 9:30A - Bible Study 9:40A - Shuffleboard Nov. - April 12:15P - Co-Ed Bowling, Oct April 4:00P - 6:00P - Kitchen 5;45P - HOA Early Bird 6:30P - Bingo	9 8:45A - Water Aerobics 10:00A - Exercise Class 6:00P - Cahal Dunn 6:00P - Men's Cards 6:00P - Straight Pool League	10 1:00P – Bocce Ball 6:00P – Poker Night
13 Vater Aerobics nuffleboard Nov. Social Comm. Bridge tahjong ards and Bunko Pool Billiards uchre Lardi Gras	14 8:45A - Water Aerobics 8:45A - Exercise in Clubhouse 10:00A - Exercise Class 12:30P - Bridge 1:00P - Craft Club and Cribbage Ash Wednesday Valentine's Day	15 8:45A – Water Aerobics 9:30A – Bible Study 9:40A – Shuffleboard Nov. - April 12:15P – Co-Ed Bowling, Oct. – April 4:00P – 6:00P – Kitchen 5;45P – HOA Early Bird 6:30P - Bingo	16 8:45A – Water Aerobics 10:00A – Exercise Class 6:00P – Men's Cards 6:00P – Straight Pool League	17 1:00P - Bocce Ball 6:00P - Poker Night 8:00P - Dance
20 Jater Aerobics huffleboard Nov. Bridge Iahjong ards and Bunko Il Pool Billiards achre	21 8:45A - Water Aerobics 8:45A - Exercise in Club- house 10:00A - Exercise Class 12:30P - Bridge 1:00P - Craft Club and Cribbage 7:00P - Meet and Great	22 8:45A - Water Aerobics 9:30A - Bible Study 9:40A - Shuffleboard Nov. - April 12:15P - Co-Ed Bowling, Oct April 4:00P - 6:00P - Kitchen 5;45P - HOA Early Bird 6:30P - Bingo	23 8:45A - Water Aerobics 10:00A - Exercise Class 6:00P - Men's Cards 6:00P - Straight Pool League	24 1:00P – Bocce Ball 6:00P – Poker Night
27 Vater Aerobics nuffleboard Nov. adies Luncheon Bridge lahjong ards and Bunko Il Pool Billiards achre	28 8:45A – Water Aerobics 8:45A – Exercise in Club- house 10:00A – Exercise Class 12:30P – Bridge 1:00P – Craft Club and Cribbage 5:00P- Canadian club			



Editor's Corner

By Harold Noeller

- For the March 2018 edition, articles are due by February 15, 2018 as are the dates you might want on the calendar for March events, meetings or dinners.
- If your name, Lot number, birthday or anniversary is incorrect, e-mail me at the media email address and it will be corrected.
- Please send all articles to monthly.media@paradiseislandlargo.com.
- If your phone number or address is incorrect in the Park's Yellow Phone Directory, notify the Co-Op office at 535-2172 or send an e-mail to: <u>piadmin@paradiseislandlargo.com</u>

<u>Please note the persons in charge of delivery of the Monthly Media are Dave and Elaine De</u> Yong. If you don't receive your copy of the Media please call them at (727) 531-8426.

• <u>Disclaimer</u>: Remember, this publication is for News & Events for the benefit of Paradise Island residents. The Board of Directors of Paradise Island Co-Op and the Editor of the Monthly Media are not responsible for the content of any articles submitted. If the article is determined not to comply with the 'News & Events' concept, it will not be printed. If you have a 'Letter to the Editor', a section is provided for opinion related articles not of a negative nature!

Also, there are 5 places to look for an activities date and time either in the current month or in future months. They are:

- Within the media, there might be an article with all of the details.
- The calendar section of the media.
- The Bulletin Board in the Clubhouse.
- Channel 96 / Channel 732 on your television.
- Our web site at www.paradiseislandlargo.com under the Special Activities link.

At Your Service

By Paul Clinton

I f you are in need of a ride to an appointment or looking for someone to take you shopping or even do your shopping then call us at home or on our cell phone. Please try to give us at least a day or two notice to make sure that we are available. Our phone number is 531-1373 or cell phone is 978-808-8396. We will do our best to accommodate your needs. Thanks Paul and Doris Clinton

View this Newsletter in full color at www.monthly-media.com right click with mouse to download to your computer



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Shuffle Board

By Gary MacDonald

huffleboard has started! Join us Tuesday and Thursday mornings at 940 AM and meet your neighbors for a fun game of shuffleboard. Everyone welcome and cue sticks are provided. Hope to see you there!

Paradise Island Church In The Park

By Serena Johnson

appy Valentine's Day! Love is in the air! Our winter, hopefully the coldest part, is over and we are enjoying our normal mild winter at this point.

We are very fortunate that our Park is active with so many diverse activities available to all. Come, join in and meet your neighbors for fellowship.

For those who are new to the Park and all residents and friends, we would like to invite you to join us in the Clubhouse on Sundays at 9:30 AM for an hour of worship and fellowship. We are a non-denominational church in which there are many denominations represented. We would love to have you stop by and be a part of the body of Christ worshiping here. If unable to attend you can tune into Channel 96 on Bright House/Spectrum Cable (or if you have a box Channel 732).

Bible Study is on Thursdays at 9:30 AM led by Pastor Bill Ogburn. We are studying in the "Book of Romans". ALL are welcome! Come join us!

If you know someone in need, please let us know. All requests are confidential. We would like to help if we can.

If you have a prayer request or would like a visit, please contact: Pastor Bob Brookhart 480-9793, Pastor Bill Ogburn 474-2722, or Serena Johnson 530-5905.

WE ARE HERE FOR YOU!

We must let go of the life we have planned, so as to accept the one that is waiting for us. Joseph Campbell

Tuesday Euchre

By Jan Brown

t is do great to have our Canadian and Snowbirds back. We're enjoying our friends and cards. After our winter break, we will be back on January 9, 2018 playing cards. See you then and enjoy your holidays.

.......

In Memoriam

By Audrey Gervasi

Please notify Mike and Audrey Gervasi of any deaths that you are aware of in our community. Without us knowing we cannot post an article or lower the flag paying you're respects to the deceased and their families. Any help would be greatly appreciated. You can reach us at 727-507-8947

Thank you, Mike and Audrey Gervasi

The life of the dead is placed in the memory of the living. Marcus Tullius Cicero

New Residents Joining our Community

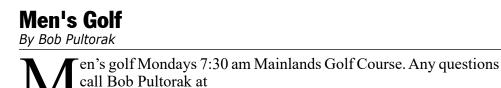
By Sammye Sands

361	Rubert Tony Annis	Massachusetts	978-502-5454
361	Gail Annis	Massachusetts	
543	Ronald Marcisssuk	Trenton, MI	734-558-9255
543	Vilma Marcissuk		
496	John Reeves	Delaware, OH	740-417-3644
496	Terry Reeves		
653	Martin Newland	England	727-210-7420
653	Terrol Getson	Dryden, Ontario	
257	James Davis	Kentucky	270-996-8165
378	Henry Amos	Dunedin, FL	727-333-5824
378	Pamela Amos		727-423-2458



If you are a new resident of Paradise Island, I would like to schedule a short visit with you; go over the events in our park, and give you some freebies. Thank you

This nation will remain the land of the free only so long as it is the home of the brave. Elmer Davis



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"I am so happy with my new windowsI'd like to commend your work crew. Earbie and Larry were fantastic! I couldn't believe the clean-up EVERYDAY! The whole job took just a week even with all the rain delays. I would and WILL highly recommend your company to my friends and neighbors. Of course I won't need to say a word – the house is doing all the talking! Thank you so much for my beautiful new house." Carol Zapiecki, Clearwater, FL	"Just a short note to express my appreciation for the work done on my mobile home. The crews that worked herewere gentlemen at all times, efficient, knowledgeable and prompt. You can be sure if I run into anybody who needs your type of work, I will surely recommend your company. It has been a very satisfying experience!" George Lordstrom, Saint Petersburg, FL is visit: www.ascaluminum.com



cyndiponder1@hotmail.com

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*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.



Walkers and Wheelchairs Available for Residents

The Social Committee has Walkers and Wheelchairs available to help residents who need them TEMPORARILY. We need to get them back to be available for other residents. To check one out, please contact Mike Gervasi 507-8947, Myron Zarlinski 533-8208, or Chuck Wellock 417-9538.

When no longer needed, PLEASE RETURN PROMPTLY to the clubhouse so that others can use them. We currently have a shortage of wheelchairs because they have not been returned.

Donations of Non-Perishable Foods

By Ruth Charron 727-559-2034

Please place all donations of NON-PERISHABLE foods in the basket, near the bulletin board, in the club house. Please make sure they are not outdated.

If you, or if you know of anyone in need of groceries, please contact me. All information will remain confidential.

A big THANK YOU to everyone at Paradise Island!!!

One cannot think well, love well, sleep well, if one has not dined well. Virginia Woolf

February Sudoku

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February Birthdays

100	STEPHANIE	MASI	FEB 1	428	SHARON	SCHLEMMEL	FEB18
149	JAMES	DINOVA	FEB 1	453	MEL	CAMPBELL	FEB18
383	MAGGIE	COTIVO	FEB 1	495	MARIAN	BATY	FEB18
737	TOM	DOTY	FEB 1	604	KAY	HARRISON	FEB18
249	RICHARD	HAKENSON	FEB 2	659	ROGERS	ROGERS	FEB18
737	DIANE	DOTY	FEB 2	747	BOB	GILMOUR	FEB18
218 M	ARGUEITTE	BIFANO	FEB 4	95	BRIAN	GOFF	FEB19
445	JANET	DYMKOWSKI	FEB 4	648	JOSEPH	LYONS	FEB19
541	MARCIA	DILDINE	FEB4	644	FRED	LARGE	FEB20
193	BETTY	PEPE	FEB5	314	EVA	BRYCE	FEB21
642	DOROTHY	McAVEY	FEB5	392	BECKY	STOCKER	FEB21
742	DELORES	CALONITA	FEB6	439	VIRGINIA	THOMSEN	FEB21
270	LINDSAY	LAUX	FEB7	453	DEE	CAMPBELL	FEB22
35	EVELYN	FORWARD	FEB8	413	PAUL	FABY	FEB23
165	J. R.	MELVIN	FEB8	756	JOHN	KENNY	FEB23
683	EILEEN	SMITH	FEB10	12	MARTHA	KNUDSEN	FEB24
689	JANET	ADAIR	FEB10	548	HELEN	GARCEAU	FEB24
187	BOB	LAWLER	FEB11	797	MARIA	BURLEY	FEB24
206	JOYCE	CRISCO	FEB11	316	GENE	SUPERNO	RFEB25
741	BUNNY	CARTER	FEB11	603 BI	ERNADETTE	HUGHES	FEB25
374	DALE	ANDERSON	FEB12	84	KAY	STEIN	FEB26
28	ELAINE	WELLS	FEB13	407	DONNA	FARMER	FEB26
435	JOE	DEMERS	FEB13	79	AARON	RAY	FEB27
528	WERNER	KRAETZ	FEB13	752 HE	LEN (BONNI	E) MASON	FEB27
486	LISA	LISAK	FEB14	244	CAROL	SCHULTZ	FEB28
734	JACKSON	BROWN	FEB14	462	JAMES	ANDERSON	FEB28
826	WILLIAM	FRANK	FEB14	468 CA	AROL ANNE	CRANE	FEB28
74	BERNARD	HORLE	FEB15	171	RAY	PERUSKI	FEB29
259	LARRY	PEER	FEB15	554	MARIA	HINSE	FEB29
662	DEBORAH	DISKIN	FEB15				
71	SHIRLEY	MORRISSEY	FEB16			a service .	
779	DAVID	PADGETT	FEB 16			Jun	
252	FORBES	ADAMS	FEB 17			-	
767	BEA	VALENTI	FEB 17		6	0000000	
176	BUCK	STEELE	FEB 18			min	
182	LINDA	WELLS	FEB 18			CARE AND AND	
256	GRETCHEN	GROGAN	FEB 18				and the second second

Youth is the gift of nature, but age is a work of art. Stanislaw Jerzy Lec

February Anniversaries

A wedding anniversary is the celebration of love, trust, partnership, tolerance and tenacity. The order varies for any given year. Paul Sweeney

535	WALTER & DEANNA	PINKERTON	FEB 2 1957
430	JAY & ELSIE	POWELL	FEB 3 1956
618	WARREN & JAN	HUESON	FEB 3 1979
762	CHARLES & CAROL	CINQUEGRANA	FEB 9 1963
557	ROBERT & CONNIE	JOHANNES	FEB 9 1974
305	DON & LINDA	COBURN	FEB 10 1968
755	WAYNE & ANN	RUTH	FEB 11
543	Ronald & Vilma	Marcissuk	FEB 12 1972
438	James & Nancy	McCann	FEB 14 1998
15	DUANE & EILEEN	BOBER	FEB 14 2000
488	KENNY & SHARON	GEORGE	FEB 14 2008
385	BERNIE & PEG	FLYNN	FEB 14 2009
724	CHARLES & KAREN	CLATOR	FEB 14
504	JERRY & CHARLOTTE	BENNETT	FEB 15 1964
641	PETER & GLORIA	GARAFOLA	FEB 15 2003
328	FRED & DELLA	NADER	FEB 16 1985
341	NICK & FERN	TURI	FEB 17 1952
659	ROGER & CONNIE	ROGERS	FEB 17 1962
612	DAVE & SHARON	CLARK	FEB 17 1967
623	MYRON & JOAN	ZARLINSKI	FEB 19 1971
691	DON & MAUREEN	KOEBEL	FEB 20 1966
244	JAMES & CAROL	SCHULTZ	FEB 23 2007
299	JOHN & BARBARA	CANNON	FEB 26
736	DANNY & SANDRA MICHE	L JONES	FEB 27 1965





Quality Workmanship Honest Pricing

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- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors



AFTER



1999 a

We Keep rodents, snakes, spiders, bugs, mold, mildew, and damaging moisture out of your home!

PARADISE ISLAND PLANET FEBRUARY, 2018 E

SMILES ALWAYS FREE

ESTIMATES &

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ACROSS	1	2	3	4	5		6	7	8	9		10	11	12	13
1. Double agents					<u> </u>		15	<u> </u>	<u> </u>	<u> </u>		14	<u> </u>	<u> </u>	
6. As a result	14	1					15					16			
10. They come from hens	17	+	+	-	-		18	-	-	-		19		-	\vdash
14. Beautify															
15. Hindu princess	20					21						22			
16. Flame					23	<u> </u>				24	25		<u> </u>		
17. Tropical vine					2.3					2.4	20				
18. Wings	26	27	28	29		\vdash	-	30	31		\vdash				
19. A Roman deity															
20. Communicable	32	I				33	34	I			36		36	37	38
22.1111	39	+	+	-	40		41				42		-	-	
23. Do-it-yourselfer's purchase		1			1.										
24. Terrapin or tortoise	43						44			46		46			
26. Self-centeredness				47	<u> </u>			<u> </u>		40					L
30. Breakfast bread				47	I	48				49	50				I 1
32. Bacterium	51	52	53		<u> </u>	-			54		-				
33. Ancient Biblical kingdom															
35. Run off to marry	55					56	57	58				59	60	61	62
39. Klutzy	63	+				64			<u> </u>		65	<u> </u>	<u> </u>	<u> </u>	
41. Metric unit of area	03	1				0~+					00				
42. Kidney-related	66	-	\vdash			67					68				
43. Tale															

- 44. Bronzes your skin
- 46. Stars

- 47. Hebrew unit of dry measure
- 49. Tenant
- 51. Orbital high point
- 54. Fellow
- 55. Formal dress
- 56. Vote
- 63. Largest continent
- 64. Double-reed woodwind
- 65. Not tight
- 66. A hole for the escape of gas or air
- 67. Colored part of an eye
- 68. Aromatic compound
- 69. Border
- 70. Not a single one
- 71. Not those

- 1. French Sudan
- 2. Chief Norse god
- 3. A unit of bread
- 4. Sea eagle
- 5. Light informal meals
- 6. Attribute
- 7. Angelic headgear
- 8. A Central American sloth
- 9. Afternoon snooze
- 10. Easy
- 11. A very tall fellow

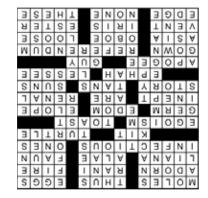
DOWN

- 21. An indefinite period
- 25. Utilizer
- 26. Auspices
- 27. Lady's man
- 28. Chocolate cookie
- 29. Make pregnant
- 30. Pentateuch
- 31. Portent

40. Sort

- 34. Information
- 36. Burden
- 37. Sheet of glass 38. Otherwise

- 45. Aspersion
- 48. An opiate
- 50. Lace place
- 51. Sisal
- 52. Modeled
- 53. Being in debt to
- 54. Fliers in V's
- 57. A river in Spain
- 58. Stab or thrust (archaic)
- 59. Nibble
- 60. Lavish affection (on)
- 61. Purposes
- 62. No more than



12. A thin porridge 13. Detect



WANTED TO BUY

When selling on consignment *always get a WRITTEN QUOTE* on the sellers' commission.

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

ARTICLES FOR SALE

2 Crypts in Sylvan Abbey, choice Locations side by side extras. 727-243-4100 Suzie

Men's Schwinn Bike, used a few times - \$125.00. Please call 727-286-6720

Washing Machine For Sale \$125.00. Please Call 727-210-3373

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Private room with utilities, FREE for senior lady to share the home. Seeking companion and cook. Clearwater. No pets, tobacco, drugs, or alcohol. Email cshepf117@yahoo.com.

EVENTS & PROGRAMS

BC MART in Briar Creek, 100 Briar Creek Blvd off McMullen Booth! Used goods of all kinds; just a fun place to hunt for all kinds of treasures; just follow the red arrow. Open Wed & Sat 10-Noon!

Gateway MHP Community Sale, Saturday February 3rd, 8am-2pm. 10100 Gandy Blvd. St. Petersburg, 33716

Annual Bazaar - Lincolnshire Estates 1071 Donegan Rd, Largo. Sat. Feb. 3rd 8am-noon. Breakfast and lunch available.

10 WORDS for \$8.55 - Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

Annual Rummage Sale. Harbor Lights MHP 9191 Baypines Blvd, St Petersburg. Saturday February 3rd, 9am-1pm.

Annual Yard Sale. February 3rd 2018 8am – 11:30am in Crosswinds MHP 4125 Park St. N., St Petersburg. Household goods, furniture, jewelry, clothing, bedding, etc.

Shangri La Annual Garage Sale. Saturday, February 10th 8:00AM -2:00PM. All kinds of good stuff. 249 Jasper St., off Missouri.

Carport Sale - February 17th, Ranchero Village, Ulmerton Rd., 8am-3pm.

Largo, multi carports sale! Saturday, Feb. 17, Teakwood Village East. 800 Missouri Ave. 8am-1pm. Refreshments in Aloha Hall. Lots of great bargains! Furniture, glassware, jewelry, clothing, household, crafts, and more.

ANNUAL BAZAAR: Feb. 17th, 2018, 9:00am to 1:00pm. Shady Lake Oaks, 15777 Bolesta Rd, Clearwater. Breakfast and lunch available. Hosehold items, furniture and more. 50/50 drawings and raffles.

TRASH TO TREASURE SALE: Serendipity Mobile Home Park, Saturday February 17th, 8am-1pm at 29081 Hwy 19N, East Clubhouse. Bedding, dishes, furniture, appliances, tools, sporting goods, home baked goods, basket raffles, coffee & donuts on the deck, lunch available. Something for everyone. COME JOIN US!

La Plaza MHP Carport Sale. 6700 150th Ave. N., Clearwater. Saturday, February 17th, 8am-1pm. RUMMAGE - BAKE SALE -DUNEDIN: Saturday, February 17, 2018, 8:00 AM to 2:00 PM, Lake Haven Mobile Home Park - Treasure Cove Clubhouse 1415 Main St. (SR580), South on Lake Haven Road, East into Treasure Cove, watch for signs. Small Appliances, Linens, cloths, funiture, baked goods. Breakfast and Lunch items available.

ANNUAL FLEA MARKET FOUR SEASONS ESTATES, LARGO. Saturday, February 24, 8am-1pm. \$1.00 early bird entry fee 7:30am-8:00am. Furniture, clothes, tools, jewelry, linens, books, homemade baked goods, snack bar, raffles and more. Complimentary golf cart shuttle. 13225 101st Street, Largo, off Ulmerton behind the Largo Mall and Golden Corral.

Colonial Village Flea Market, 2000 East Bay Dr. Sat. Feb. 24, 8-12noon

CARPORT SALE, Sat. Feb. 24th. Clearwater Cascades MHP, 9790 66th St.N., 8AM-12PM.

Carport Sale February 24th East Bay Oaks 601 Starkey Road, Largo. 9am to 2pm

ANNUAL SALE: Saturday February 24th, 8A-1P. Household, clothing, furniture, misc., holiday, bakery, lunch. Bag sale 12 -1. Westwind I and II Clubhouses. 3301 Alternate 19, Dunedin. Enter off County Rd 1 or Alternate 19.

DORAL VILLAGE BAZAAR, Sat., Feb. 24th, 8am-1pm. 29250 US Hwy 19N, Clearwater. Furniture, Clothing, Linens, Books, Appliances, Kitchen Items, Glassware, Jewelry, Baked Goods, Raffles, Donuts, Coffee, and Lunch!

Note: Emporium is 2 pages

MARCH AD DEADLINE - FEBRUARY 10, 2018

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

Emporium Continued

February 24th Sugar Creek Annual Carport Sale 8 am-?. 10265 Ulmerton, Largo.

BAZAAR: Saturday, March 3, 2018 Down Yonder 7001 142nd Avenue N, Largo 33771. Special Raffle for New Samsung Galaxy Tablet-10

Paradise Island Annual Flea Market March 3, 2018, 9 AM to 1 PM. Tables available call Marcia 727-953-3616. Over 60 Vendors, food, bake sale and more. Early entry 8am \$1.

Caribbean Isles Rummage Sale: March 17th 8-1. Food and baked goods. Tables \$10 two for \$15. Call Brenda 262-331-0030

Your

MARCH AD DEADLINE - FEBRUARY 10, 2018

We Need Cover Pictures! Send in Your Interesting Photos

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here: Picture



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Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over \$138,000 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at Monthly Media • 220 Bahama St. • Venice, FL 34285. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check. (Allow 4-6 weeks for mailing of check) This month's cash winners are

(Allow 4-6 weeks for mailing of check). This month's cash	winners are:
Jim Walters	Tom Foley \$5Buggin Out Pest Control, Inc.
Kathy Herman \$10 Dave St. John Mobile Wash & Wax	Jackie Cunningham \$5 Bobs Mobile Home Washing
Carol Keenan \$10 Automotivation	Bobbie Smith \$5 Appliance Specialty, Inc.
Deb Schoenwether \$10 Donna Burcher - Wagner Realty	Warren Bowman \$5 Bob's Mobile Home Washing
Laurence Yannoittl \$10Perfect Repair & Construction, Inc.	Kathy Cometto \$5
Alain Richard \$10 Natures Resource Pest Control, Inc.	Mari'Anne Dinsmore \$5Buggin Out Pest Control, Inc.
Millie Smith \$10 Royal Enterprises	Art Miller \$5 Bill the Carpet Guy
Pauline Monize \$10Battleline Termite & Pest Control, Inc.	David Rohraff \$5 Discount Computer Repair
Donald Janes \$10 Ron Wyngarden Mobile Home Washing	Edna Price \$5 Appliance Specialty, Inc.
Mary Boote \$10 Doll Brothers Carpet Cleaners	Dan Willlette \$5 Modern Pest Control, Inc.
John Rheberg \$10 Boss Electric Corp.	Maryanne Matty \$5 O.E. Wilson Insurance
Ron Teeter \$10 Dunedin Electric. Inc	Bob Ervin
Paulina Manahan \$10 Immaculate & Affordable Cleaning	Ray Wisniewsk \$5 Haseney Electrical Services, Inc.
Karen Hoover \$10 Rod Runners, Inc.	Kay Weyant \$5 Dunedin Plumbing, Inc.
Thomas Leppaner \$5 Royal Enterprises	Andy Richard \$5 Jones & Sons Plumbing, Inc
Yvonne D'Angelo \$5 Jones & Sons Plumbing, Inc	Ida Morris
Jim Moore	Sandra Ravelin \$5 Ron Wyngarden MH Washing
Chris Shuman \$5 Appliance Specialty, Inc.	Darlene Johnson
Jill Chambers	Richard Stgelais \$5 Buggin Out Termite & Pest Control, Inc.
Thomas Hylock	Leon Hallwood \$5Heller's Mobile Home Washing
Bill Steiner \$5 Boss Electric Corp.	Dick Gosselin \$5 Air Masters of Pinellas, Inc
Bernice Wilkinson \$5 Buggin Out Termite & Pest Control, Inc.	Erich Westphal \$5 Bob's Mobile Home Washing
Ardith Ammeter	Mike Trott \$5 Modern AC & Appliance Service Co
Willard Johnson \$5Heller's Mobile Home Washing	Charles O'Boyle \$5 Air Masters of Pinellas, Inc

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

Interstellar asteroid is a first

A steroids can be found throughout our solar system, but astronomers have recently discovered one in interstellar space. The Science News website reports that the object, first believed to be a comet, is approaching the solar system at an unusually steep angle. Dubbed A/2017 U1, the asteroid is about 400 meters across and traveling 25.5 kilometers per second on a slingshot path past the sun. Astronomers plan to measure the colors in its reflected light to determine what it's made of and seek clues to its origins.

Red sky in Asia mystery solved

t's a centuries-old mystery: In the year 1770, skies over Asia turned a bright red for nine days. The cause of this unusual phenomenon has never been identified. Now, though, scientists believe they have an answer.

As reported on the Slate website, researchers recently uncovered a collection of 111 contemporaneous documents from that time, and learned that the red sky had lasted longer than previously thought (just two days) and was much larger as well.



Scientists' conclusion: The effect was created by an aurora caused by solar activity, sparking the longest geomagnetic storm in recorded history.

A similar aurora was observed on two nights in 1859 by a massive solar storm known as the "Carrington Flare." Analysis of records of sunspot activity in 1770 suggests that the Asian aurora was caused by sunspot twice as large as those that created the Carrington event.

If such an event happened today, it would likely have catastrophic effects, knocking out satellites crucial to communications and GPS instruments.

New mineral found on Martian surface

ASA has discovered evidence of an ironoxide mineral on the surface of Mars, the Sci-News website reports. The mineral, called hematite, was detected by spectral analysis of photos taken by the space agency's Curiosity rover in an area known as the Vera Rubin Ridge.

Curiosity zeroed in on a rock dubbed "Christmas Cove," and used its dust removal tool, a wire-bristled brushed, to uncover an area some 2.5 inches across.

Observations made the rover's Mast Camera (Mastcam) and its Chemistry and Camera (ChemCam) confirmed the presence of the hematite, a mineral that may provide information about ancient environmental conditions on the red planet.



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Can beet juice keep your brain young?

Beet juice may keep your brain young and fit, according to an article on the Runner's World website. The article cites a study reported in the Journal of Gerontology: Medical Sciences that found that a shot of beet juice an hour before exercise can have positive benefits to brains as they get older.

In the study, 26 sedentary men with an average age of 65 participated in six weeks of exercise. Some took daily shots of beet juice; others received a placebo. The participants walked on a treadmill three times a week for six weeks, building up to 50 minutes per session at increased effort. Comparing MRIs from before and after the trial, researchers found that the group that drank beet juice had significantly higher levels of "community consistency" within their brains.



The nitrate in beet juice, which converts to nitrite and then nitric oxide in the blood, has a strong positive affect on responsiveness in blood vessels, which in turn can increase the amount of oxygen reaching the brain and boost aspects of cognitive function.

Make sure drinking glasses are safe

Take a look in your kitchen cabinet at your drinking glasses. Do you have decorative glasses for water, wine, beer, or whatever you drink during the day? They may be hazardous to your health.

The Medline Plus website reports that researchers at the University of Plymouth in the United Kingdom analyzed more than 70 new and used drinking glasses and found that seven out of 10 tested positive for lead or cadmium—both toxic metals.

Lead was found in all colors and goldleaf designs. Cadmium was found in the highest concentrations in red enamel.

Lead in children's bodies can cause growth and developmental difficulties. Cadmium can cause cancer. Studies have also linked it to bone softening and kidney problems.

Keep deadly chemicals out of your body

- The list of chemicals that can cause cancer is intimidating, and keeping them out of your food can seem like an impossible task. The Fox News website, though, offers these tips for keeping your food and water free of toxic chemicals:
- Buy a water filter. A good filter can remove many cancer-causing chemicals.
- Eat organic foods. You'll cut your exposure to pesticides and other chemicals and support an industry that doesn't pollute the environment.
- Bring your own mug. Foam cups from most coffee shops contain styrene, which gets pulled out when in contact with hot liquids. Take your own travel mug when you go out for coffee, tea, or other hot beverages.



